

# Pool Schedule | March 2 - April 5 2026

## MONDAY

5:30 AM - 7:30 AM  
6 Lanes Lap Swim

7:30 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 10:00 AM  
3 Lanes Lap Swim  
3 Lanes Aerobics

10:00 AM - 11:00 AM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Swim Lessons

11:00 AM - 2:00 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

2:00 PM - 5:30 PM  
4 Lanes Lap Swim  
2 Lanes Family Swim

5:30 PM - 6:30 PM  
4 Lanes Lap Swim  
2 Lanes Aerobics

6:30 PM - 8:45 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

## TUESDAY

5:30 AM - 7:30 AM  
6 Lanes Lap Swim

7:30 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 10:00 AM  
3 Lanes Lap Swim  
3 Lanes Aerobics

10:00 AM - 11:00 AM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Swim Lessons

11:00 AM - 3:15 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

3:15 PM - 5:30 PM  
2 Lanes Lap Swim  
2 Lanes Family Swim  
2 Lanes KidSpace

5:30 PM - 6:30 PM  
4 Lanes Lap Swim  
2 Lanes Sensory Swim

6:30 PM - 8:45 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

## WEDNESDAY

5:30 AM - 7:30 AM  
6 Lanes Lap Swim

7:30 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 10:00 AM  
3 Lanes Lap Swim  
3 Lanes Aerobics

10:00 AM - 11:00 AM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Swim Lessons

11:00 AM - 3:15 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

3:15 PM - 5:30 PM  
2 Lanes Lap Swim  
2 Lanes Family Swim  
2 Lanes Swim Lessons

5:30 PM - 6:30 PM  
2 Lanes Lap Swim  
2 Lanes Aerobics  
2 Lanes Swim Lessons

6:30 PM - 8:45 PM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Lessons

## THURSDAY

5:30 AM - 7:30 AM  
6 Lanes Lap Swim

7:30 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 10:00 AM  
3 Lanes Lap Swim  
3 Lanes Aerobics

10:00 AM - 11:00 AM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Swim Lessons

11:00 AM - 12:00 PM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Adaptive Zumba

12:00 PM - 3:15 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

3:15 PM - 5:30 PM  
2 Lanes Lap Swim  
2 Lanes Family Swim  
2 Lanes Swim Lessons

5:30 PM - 6:30 PM  
2 Lanes Lap Swim  
2 Lanes Aerobics  
2 Lanes Swim Lessons

6:30 PM - 8:45 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

## FRIDAY

5:30 AM - 7:30 AM  
6 Lanes Lap Swim

7:30 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 10:00 AM  
3 Lanes Lap Swim  
3 Lanes Aerobics

10:00 AM - 2:00 PM  
4 Lanes Lap Swim  
2 Lanes Open Swim

2:00 PM - 3:45 PM  
4 Lanes Lap Swim  
2 Lanes Family Swim

3:45 PM - 5:15 PM  
2 Lanes Lap Swim  
2 Lanes Family Swim  
2 Lanes KidSpace

## SATURDAY

7:00 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 10:00 AM  
3 Lanes Lap Swim  
3 Lanes Aerobics

10:00 AM - 1:00 PM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Swim Lessons

1:00 PM - 4:45 PM  
4 Lanes Lap Swim  
2 Lanes Family Swim

## SUNDAY

7:00 AM - 9:00 AM  
4 Lanes Lap Swim  
2 Lanes Open Swim

9:00 AM - 12:30 PM  
2 Lanes Lap Swim  
2 Lanes Open Swim  
2 Lanes Swim Lessons

12:30 PM - 4:45 PM  
4 Lanes Lap Swim  
2 Lanes Family Swim

Times highlighted in orange indicate there is no Open Swim or Family Swim during this time. (Mon-Thurs 5:30-6:30PM)



For more information, contact Rich Droser at [rdroser@springfieldjcc.org](mailto:rdroser@springfieldjcc.org)